



# WICCAN SABBATS and ESBATS 2011-12

Remember to record your Sabbat rites and your Moon magics in your Book of Shadows.

## SUGGESTIONS for the SABBATS

At **Samhain** (pronounced *sow-wun*), invite your ancestors to share their wisdom – remembering to respect their faiths.

At **Yule**, re-enact the Oak (Summer) and Holly (Winter) Kings' battle with a thumb-wrestling match. Oak will win, for the days get longer after Yule.

For **Bride** (pronounced *breed*), start your Spring cleaning. Take down any left-over Yule decorations, and work on breaking any left-over bad habits.

For **Ostara**, find a shadow to stand in – and then step out of the shadow, into the light, bright, active part of the year.

At **Beltane**, choose a color of the rainbow and focus on bringing its creative energy into your life.

At **Litha** (pronounced *lee-ha*), it's time for another King's Battle. This time, Holly wins, for the days start getting shorter now.

At **Lammas**, consider what you can harvest to sustain yourself through the coming Winter. What good habits are you making? Do you have new friends or resources? What have you learned? Count your achievements.

For **Mabon**, think about how you can share your personal harvest – and remember, it's okay that not everyone will want to accept what you have to offer.

Wicca's liturgical calendar is called the Wheel of the Year. It is comprised of eight solar holidays called Sabbats (shown on the illustration below) and thirteen full Moons, also called Esbats. These holy days honor our Goddess and our God. Our magics and celebrations are scheduled by the Wheel – and governed by the Rede: *an ye harm none, do as ye will*, and the Threefold Law: what you put into the world returns to you multiplied; both are more complex than they seem, and you can read more about them in our other literature.

The same respect shown to other religious calendars is due to Wicca's. It is as important to Wiccans to meet and celebrate at the appropriate times as it is to followers of other faiths. If outside sponsors are not available within a day or two of a Sabbat, inmates need time to make proper observances on their own.

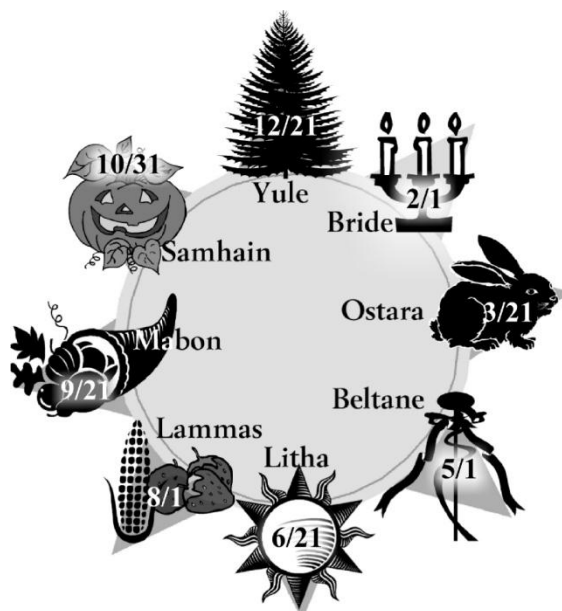
Solitary practice is recognized in Wicca – and so are a wide variety of ways to celebrate each Sabbat and Esbat. Staying in touch with the natural cycles these holy days represent is the essence of our faith, and should be facilitated whenever possible.

## SABBATS

Samhain: Monday, 31 Oct. 2011  
 Yule: Thursday, 22 Dec. 2011  
 Bride: Wednesday, 1 Feb. 2012  
 Ostara: Tuesday, 20 March 2012  
 Beltane: Tuesday, 1 May 2012

Litha: Wednesday, 20 June 2012  
 Lammas: Wednesday, 1 August 2012  
 Mabon: Saturday, 22 Sept. 2012  
 Samhain: Wednesday, 31 Oct. 2012  
 Yule: Friday, 21 December 2012

The Sabbat dates shown on this illustration are commonly acknowledged. However, the Solstices and Equinoxes (Yule and Litha, Ostara and Mabon) are astronomical events, and the actual dates vary from year to year. If celebration on the actual date is not feasible, celebration on the commonly acknowledged dates will do.



**October 2011**  
 full: Weds. the 12<sup>th</sup> new: Weds. the 26<sup>th</sup>

**November 2011**  
 full: Thurs. the 10<sup>th</sup> new: Fri. the 25<sup>th</sup>

**December 2011**  
 full: Sat. the 10<sup>th</sup> new: Sat. the 24<sup>th</sup>

**January 2012**  
 full: Mon. the 9<sup>th</sup> new: Mon. the 23<sup>rd</sup>

**February 2012**  
 full: Tues. the 7<sup>th</sup> new: Tues. the 21<sup>st</sup>

**March 2012**  
 full: Thurs. the 8<sup>th</sup> new: Thurs. the 22<sup>nd</sup>

**April 2012**  
 full: Fri. the 6<sup>th</sup> new: Sat. the 21<sup>st</sup>

**May 2012**  
 full: Sun. the 6<sup>th</sup> new: Sun. the 20<sup>th</sup>

**June 2012**  
 full: Mon. the 4<sup>th</sup> new: Tues. the 19<sup>th</sup>

**July 2012**  
 full: Tues. the 3<sup>rd</sup> new: Thurs. the 19<sup>th</sup>

**August 2012**  
 full: Thurs. the 2<sup>nd</sup> new: Fri. the 17<sup>th</sup>

**September 2012**  
 full: Sat. the 8<sup>th</sup> new: Sun. the 16<sup>th</sup>  
 full again! Sun. the 30<sup>th</sup> (Blue Moon)

**October 2012**  
 new: Mon. the 15<sup>th</sup> full: Mon. the 29<sup>th</sup>

**November 2012**  
 new: Tues. the 13<sup>th</sup> full: Weds. the 28<sup>th</sup>

**December 2012**  
 new: Thurs. the 13<sup>th</sup> full: Fri. the 28<sup>th</sup>



For more information, contact Mother Earth Ministries-ATC:

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